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> 22 On your marks



> 27 Spring into Easter



the newham mag

issue 312 27 March - 9 April 2015 Every fortnight



Inside track on transformation

Newham residents working on Olympic Stadium (p10)



Department
of Health

Newham London



Care and support is changing for the better

From April 2015, the new Care Act will help make care and support for adults more consistent across England.

Care and support is the help that some adults need to live with an illness or disability, or to enable a carer to carry on caring.

If you receive care and support, or if you support someone as a carer, you could benefit from the changes.

For more information contact Newham Council:

Web: www.newham.gov.uk/careact

Email: CareAct2014@newham.gov.uk

Telephone: 020 8430 2000 (option 2)

care and
support
& you



In this issue of the Newham Mag, we look back at what was happening in 1965 as we celebrate 50 years of Newham (p8). As Mayor, I have promised to stand up for Newham both locally and nationally, and to prioritise the issues you have said matter the most. In this issue you can see how your councillors and I have been delivering these promises to you (p19).

We are looking forward to a very exciting summer in the borough, and you can read more about how Newham residents are keeping the transformation of the Olympic Stadium on track (p13). This year's Morrisons Great Newham London Run is set to be a great event and we expect the Stadium to form an inspirational backdrop for the competition (p12).

You can also read about the progress of the new Athletes' Leisure Centre (p16) and how to make the most of the Spring break holiday (p27). Have a wonderful Easter.

Sir Robin Wales
Mayor of Newham

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To contact the Newham Mag team email
newham.mag@newham.gov.uk
or call 020 3073 1517

PUBLICATIONS OFFICER Maxwell Baker
STAFF PHOTOGRAPHER Andrew Baker

To advertise in the Mag call
Julie Madell on 07080 529 050

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Look out for the next issue from 10 April
View the mag online at www.newham.gov.uk/mag

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IN BRIEF //

Bridge work road closure

Victoria Dock Road in Custom House between Peabrooks Road and Draughton Close will be closed over Easter to allow work on the Crossrail project.

A link bridge is being installed between the new Docklands Light Railway (DLR) station and the existing one. The road closure begins at 6am on Wednesday 1 April to allow two large cranes to be set up. It should be complete by lunchtime on 4 April. There will be 24-hour working over the weekend. Pedestrian access will be maintained to the Flying Angel hotel.

The DLR between Canning Town and Beckton will not operate from 11.30am on 4 April to 4.30am on 5 April. Rail replacement buses will run. For information call 02045 600 3013 or email Helpdesk@crossrail.co.uk

Careers in social care

Residents interested in working in adult social care are invited to a careers fair at the Old Town Hall in Broadway, Stratford, on 9 April from 10am-4pm.

Information will be available for people looking for a rewarding career in the different types of social care jobs available, and the opportunities that are available to gain qualifications.

Care providers and colleges offering a wide range of employment and training opportunities will be attending. If you are interested in attending email Muhammad.Arif@newham.gov.uk or call 020 3373 1275.

Date for by-election

Notice has been given under Section 5(7)(2) of the Local Government Act 1972 that a casual vacancy exists in the office of Borough Councillor for the Stratford and New Town Ward of the London Borough of Newham.

The Returning Officer has, in accordance with section 5(6) of the Local Government Act 1972, set a date for an election to be held within 35 days of the date the vacancy was made. The by-election will be held on the same day as the General Election, Thursday 7 May 2015.

Summer's here

Don't forget British Summer Time begins on Sunday 29 March. Put your clocks forward one hour at 1am.

>>> Cheers for women in sport

Mayor Sir Robin Wales joined England rugby legend Maggie Alphonsi to celebrate International Women's Day and recognise ladies who are playing the sport.

The pair were guests at East London Rugby Club's annual Chairman's Lunch at the Memorial Ground in West Ham, which celebrated the efforts of the East London Ladies team. The lunch also marked the installation of new floodlights on the club's main rugby pitch, which have been funded by Newham Council and the Rugby Football Union.

Maggie, capped 70 times, won the women's rugby world cup with England in 2014 and is an ambassador for Rugby World Cup 2015. She said: "It is great to see that Newham and East London Rugby Club are offering so much support to women in the sport. Five matches in Rugby World Cup 2015 are coming to the Olympic Stadium. It is a great opportunity for everyone to get involved."



From left to right: Mayor Sir Robin Wales, Maggie Alphonsi, Newham Council Councillor, Amanda Perry, and the Mayor's wife, Lady Robin.

Careers fair is just the job

Secondary school pupils took the opportunity to meet a range of employers and training and education providers at the Newham Careers Fair.

The free event, organised by Newham Council, is in its fourth year. It took place at the Newham College campus in East Ham.

Workshops for students included Classroom Medics, run by science and health graduates, which used fun demonstrations to highlight opportunities in the NHS.

Mayor Sir Robin Wales and council chief executive Kim Bromley-Derry also attended. Sir Robin said: "Students, former students and those looking for work, were able to get free independent careers guidance in a fun and informative way."

Other providers offering information included Oxford University, London City Airport, BT, Baringsting Digital Academy, the council's employment service Workplaces, and the council's YES programme that offers apprenticeship opportunities. For more information visit www.newham.gov.uk/apprenticeships



The Mayor and Newham Council Councillor, Kim Bromley-Derry, with students at the careers fair.



News

Apprentices are honoured

Newham residents working as apprentices on Queen Elizabeth Olympic Park received awards during a ceremony at City Hall.

The Apprenticeship Awards organised by the London Legacy Development Corporation recognised the hard work and commitment of the park's apprentices and their employers.

Gintaro Butkats, 26, was named runner up in the Apprentice of the Year category. Gintaro is a business administration apprentice at the Olympic Stadium and is described as "indispensable".

Kojo Foster, 21, was honoured with the Most Improved Apprentice award. Kojo, a drylining apprentice at the Stadium, was recognised for his commitment to achieving his apprenticeship by enrolling on a construction multi-trade course.

Newham Council's employment service Workplace was recognised with the Making It Happen Partnership award for successfully delivering jobs and apprenticeships. Councillor Terence Paul, mayoral adviser for skills and adult learning, collected the award.



Cllr Paul, Workplace manager Frank Smith and assistant manager Aigrie Fishy, and Mayor Councillor LUZO deputy chairman.

Devolution prospects explored

Newham, along with seven other London boroughs, has published a pioneering prospectus detailing how devolution could work in their part of the capital.

Within the prospectus, leaders and mayors from Barking and Dagenham, Enfield, Greenwich, Havering, Newham, Redbridge, Tower Hamlets and Waltham Forest have taken the first step towards presenting a case for greater devolution of powers from central government and London regional government.

It has been drawn up following a successful conference last month at Stratford Town Hall, which saw the boroughs coming to a broad agreement about the need for a new settlement.

The prospectus is intended as a discussion document. Work is continuing between the eight boroughs to develop a business case establishing where devolved powers would be best exercised at the sub regional level. You can read the document at: www.newham.gov.uk/devolution



Consultation over Upton Centre

A six-week consultation with residents and users into the future of the Upton Centre in Plaistow is to be carried out.

The centre was closed unexpectedly in December on the advice of specialist engineers due to the boiler no longer being compliant.

Newham Council's Cabinet received a report on 19 March which included advice from surveyors estimating that to bring the centre in Claude Road back into use for up to five years

would cost an estimated £2.8m. For up to 20 years, it would cost £5.2m.

Councillors agreed the consultation will ask residents for their views on two options for refurbishing the centre and a third which would include closing the centre and establishing a redevelopment plan for the site.

The results of the consultation will be presented to councillors and Mayor Sir Robin Wales at June's Cabinet meeting.

Stand up to this power of spin

At an event staged by the Campaign for Fairer Gambling this month I explained how I and Councillor Tony Page from the Local Government Association have written to the leaders of five political parties calling on them to commit to curb casino-style gambling on the nation's high streets.

Town centres have been swamped by bookies since the introduction of fixed odds betting terminals (FOBTs), which can see up to £100 flung away on every spin of a computer-generated roulette wheel.

We want the stakes on those machines reduced to a maximum of £2 per spin. It is not an anti-gambling measure and will merely bring them in line with other gaming terminals in bingo halls and amusement arcades for example.

As well as reducing the stakes we asked that local authorities be allowed



to treat bookies like off-licences. That way local councillors can make betting shops that cause anti-social behaviour and allow underage gambling, answer for themselves and commit to an

improvement plan. At present, we are powerless to address this.

This is the time for all politicians to stand up to the betting shop lobby and listen to local people...

Don't let hospital patients down

You will have read in the media about a damning report by the Care Quality Commission into Whipps Cross University Hospital, resulting in Barts Health Trust who run it, being told to improve it.

Whipps Cross is used by many Newham residents. We therefore have

to be concerned if those people are not being offered the best possible care.

Barts Health Trust run Whipps Cross and also Newham University Hospital. Whilst it is right that the Trust supports Whipps Cross to do better, this should not be at the expense of Newham University Hospital.

I have sought assurances from Barts Health Trust that we will not see the same

failings at Newham University Hospital and that our residents won't be let down by an inadequate health system.

We will continue to scrutinise the functions of Whipps Cross and Newham University Hospitals and Barts Trust and ensure they work with us and Newham Clinical Commissioning Group to improve health outcomes for residents.



Mayor's view

Enforcing the minimum wage

Devolution sometimes seems like too heavy a subject to get in to. Well actually, it could have a big benefit to you, the residents of Newham.

This week Newham Council and others have called on the Government to devolve more powers to local authorities as we feel that as the local council we are in the right position to identify the needs of our residents, and support you.

We have been working with our neighbouring boroughs in north and east London to draw up a prospectus which highlights the kind of powers that could be passed on to local authorities as individuals or as a regional group; like transport and infrastructure planning.

"I am urging central government to give local authorities this power to make a real difference to residents' lives, because ultimately, we are here to help you."

Another area that Newham, and many other local authorities would be well placed to act on is the enforcement of the National Minimum Wage.

Independent research has indicated that as many as 17 per cent of Newham's residents are being exploited by employers who are not paying the wage, which is just £5.92 an hour.



Low pay causes huge amounts of stress to individuals and their families as they worry about keeping a roof over their heads, putting food on the table and clothes on their backs. As well as these practical worries they often face isolation as they pull away from their social circles because of a sense of humiliation or shame. No one should feel this way.

Currently central government is in charge of enforcing payment of NMW, but the number of investigations has gone down in recent years, despite an increase in funding and staff levels

available to the service responsible.

I know that local councils could do a much better job. We already interact with local businesses through our work in trading standards, licensing, planning and waste management. Checking whether they are also paying by the rules just makes sense. Together with the GMB union and General Secretary Paul Kenny we have urged central government to give local authorities the power to make a real difference to residents' lives, because ultimately, we are here to help you.

with Sir Robin Wales

PAY YOUR COUNCIL TAX BY DIRECT DEBIT

**It's a simple, safe and speedy
way to make a payment.**

Spread the cost of your Council Tax over 12 months. You can choose to pay on the 1st, 8th, 15th, 22nd or 29th of each month.

The amount will be deducted from your account on a regular basis and the council can only take the agreed amount.

To set up a direct debit now visit www.newham.gov.uk/directdebit or call 020 8430 2000.

You can cancel the Direct Debit at any time by writing to us.



Manor Park Fitness Centre

The new Manor Park Fitness Centre is opening on the **1st June 2015** and will feature state-of-the-art fitness equipment in a welcoming environment - to support you to improve your health and wellbeing.

Register to become a Founder Member - £12.95 per month

Benefit from becoming a Founder Member at Manor Park Fitness Centre and you can join at the special price of only **£12.95 per month**. This great offer is available until 30th April 2015, so make sure you don't miss out by registering your interest today.

Register by going to www.activeNewham.org.uk

Register online
NOW to become a
Founder Member
at only **£12.95**
per month



For more information about this great new fitness centre at the heart of the local community please call 0200 126 0123

Manor Park Fitness Centre
484 High Street North
Manor Park, London
E12 6GN

Happy 50th birthday Newham

April 2015 marks 50 years since London's borough councils officially took up the powers and responsibilities given to them under the Local Government Act of 1963.

Newham was identified in 1963 when the Act was passed. It was an amalgamation of the County Boroughs of East Ham and West Ham, with bits of North Woolwich and Barking added.

Residents elected councillors to serve on Newham Council on 7 May 1964 and they met for the first time on 26 May 1964 as a shadow authority.

The final meeting of East Ham County Borough Council was on 16 March 1965 followed on 23 March by the final meeting of West Ham County Borough Council. The first official meeting of Newham Council as a new authority took place at East Ham Town Hall on 1 April.

Newham's motto is *In Progress* with the *Propeis*, a translation of the County Borough of East Ham's Latin phrase *Propeis eunt Populo - Our Coast of*

Arms was derived from that of the County Borough of West Ham, and Newham's first mayor was Terence McMillan.

So what else was happening on or around 1 April 1965?

- > The Prime Minister was Harold Wilson
- > Mary Quant had just introduced the mini-skirt
- > The number one single was The Last Time by The Rolling Stones
- > Ian Fleming's James Bond novel *The Man with the Golden Gun* was published
- > On 5 April, *My Fair Lady* won eight Oscars and *Mary Poppins* took home five
- > The average house in the UK cost £3,344

- > If you'd gone to the cinema you'd most likely have seen *The Sound of Music*, released a couple of days earlier
- > TV audiences would have been enjoying the first series of *Not Only...But Also*, starring Peter Cook and Dudley Moore

For more information about the history of the borough visit the Newham Story website at www.newhamstory.com or for updates on forthcoming 50 years celebration activities visit www.newham.gov.uk/50years

If you didn't receive a copy of the free 2015 50 years calendar distributed with Issue 357 email newhammag@newham.gov.uk

Newham moments through the years



Workers keeping the Stadium on right track

Work on transforming the Olympic Stadium is well under way and more than 100 Newham residents are directly involved in turning the iconic structure into a landmark international venue for a variety of sports and entertainment.



The Stadium was at the heart of the 2012 Games hosting Usain Bolt's record breaking 100 metres sprint, Mo Farah's long distance double gold medal win and Jessica Ennis-Hill's gold medal heptathlon.

It is currently being redeveloped in preparation for the Women's Great Newham London Run and Rugby World Cup 2015. In 2016 it will become the home of West Ham United and in 2017 it will host the IAAF World Athletics Championship.

Thanks to Newham's successful employment service Workplace, more than 100 residents have been given the chance to work on the transformation of the stadium in a variety of roles.

Workplace was set up to ensure local people benefited from local regeneration and has also helped more than 25,000 residents into work. The service is a one stop shop where residents can receive advice about their employment options. Employers across London can also place their vacancies to recruit quality staff.

Jobs at the Stadium include traffic marshals, site labourers, site engineers, plant operatives and office administrators as well as civil engineering placements for University of East London graduates

and electrical and mechanical apprenticeships.

For those whose roles require it, additional training is provided in working at heights, site supervision, first aid and how to operate cherry pickers and scissor lifts. This is to improve the long term employability of Workplace candidates on the site.

Silvertown resident Damian Deeble, 54, works at the Stadium as a traffic marshal with Munnally Support Services. He said: "Workplace helped me to get my Construction Skills Certification Scheme card when I worked in the Stadium during the 2012 Games. I wanted to renew my card and approached Workplace so I could do this. The adviser told me about the new opportunities to work on the Stadium transformation. I didn't hesitate in grabbing the opportunity and welcomed the chance to work here again.

"As a traffic marshal I go around in a vehicle transporting materials and maintaining the construction site. I enjoy keeping the site in a good condition so that work can progress."

Courtney Brady, 21, from Plaistow, works as an admin assistant and document controller with Lakesmere, the roofing specialist. She said: "Workplace helped me to get a lot of training to improve my skills and chances of getting a job. They also provide ongoing support and there are always plenty of opportunities."

George Karama, 57, from Silvertown, a site diver for Balfour Beatty the main contractor for the Stadium, is another resident working at the Stadium thanks to Workplace. He said: "It's a great place to be

"I've been receiving support from Workplace for five years but been a site

driver for almost a year. I really love it. I got to drive some really important people around the site. As someone with first aid training I also get to help deal with minor injuries if required. I want to continue working within Queen Elizabeth Olympic Park when the Stadium is complete."

"We have invested millions into Workplace since we set it up 2007"

Both Workplace and Balfour Beatty were recently recognised in the London Legacy Development Corporation's Apprenticeship Awards at City Hall for their work in increasing jobs for young people. Balfour Beatty was given the Employer of the Year award for their commitment to opening up opportunities for more than 30 apprentices. Workplace was recognised with the Making It Happen Partnership Award for successfully securing jobs and apprenticeships for local people in several of the Park's construction projects including the Stadium.

Mayor Sir Robin Wales said: "Residents say they are concerned by the lack of jobs, which is why we have invested millions into Workplace since we set it up 2007. Getting more than 25,000 people into employment during that time is a great achievement."

For further information about Workplace visit www.newhamworkplace.co.uk or contact 020 3373 1101.



Steven Foster



Christina Smith



George Karama



Revised Easter Bank Holiday refuse and recycling collection days

Collection day

Monday 30 March	Saturday 28 March
Tuesday 31 March	Monday 30 March
Wednesday 1 April	Tuesday 31 March
Thursday 2 April	Wednesday 1 April
Friday 3 April	Thursday 2 April
Monday 6 April	Tuesday 7 April
Tuesday 7 April	Wednesday 8 April
Wednesday 8 April	Thursday 9 April
Thursday 9 April	Friday 10 April
Friday 10 April	Saturday 11 April

Most recycling collections are now fortnightly.

Household waste remains a weekly collection.

Residents should visit my.newham.gov.uk for their collection calendar.

recycle

bit.ly/newham.gov.uk/recycling



Adult Social Care Careers Fair

Do you like working with people? Are you looking for a new job, career and a chance to gain qualifications?

Come along to meet local care providers and employers offering a wide range of employment and training opportunities in social care.

- > Volunteering
- > Apprenticeships
- > Health & Social Care qualifications
- > Social Care placements
- > Care work
- > Occupational therapy

5 April, The Old Town Hall, Stratford, E15 4BQ (10am – 4pm)

If you are interested in attending the event please contact Mohammed Arfin m.arfin@newham.gov.uk, call 020 3375 3275 or visit www.newham.gov.uk/adultsocialcare

Celebrating WORLD AUTISM AWARENESS DAY in Newham

All are invited to come along and enjoy FREE:

- Live music
- Interactive workshops
- Refreshments and drinks
- Fun activities
- Light refreshments

Thursday 2 April 2016
10.30am – 2.30pm

Plaistow Library
North Street
Plaistow E14 6HL

To book your place or for further enquiries, please email community@newham.gov.uk or visit www.newham.gov.uk or call 020 3375 3275



From left: Greater London Authority Mayor, Lord Sebastian Coe, Sir Robin Wales

Following in footsteps of **2012 stars**

A total of 1,350 Newham residents have signed up for free to follow in the footsteps of Mo Farah, Jessica Ennis-Hill, Usain Bolt and Jonnie Peacock and run along the home straight of the track in the Olympic Stadium.

Subject to transformation work being completed on time, the Stadium will host the inaugural Moresons Great Newham London Run on Sunday 19 July.

There are 15,000 places available in a 10km run around Queen Elizabeth Olympic Park and 3,600 in a shorter family run. Mayor Sir Robin Wales arranged for 1,000 free places for Newham residents in the first and 360 in the latter. All have been snapped up and each runner can take two people into the Stadium to see them finish in style.

Sir Robin officially launched the race with Olympian and reigning European 10,000 metre champion Jo Pavey, double Olympic champion Lord Sebastian Coe and Brandon

Forster, founder of the Great Run series.

The Mayor said: "The Moresons Great Newham London Run will be the first event in the Stadium since transformation work began. It will provide a great opportunity for residents to see how Queen Elizabeth Olympic Park and the Stadium have developed."

"We want residents to feel the excitement of crossing the same finishing line as the Olympians and Paralympians who inspired a generation. We invested in the Stadium to ensure a fitting sporting, employment and community legacy and this event is helping to deliver that legacy."

Jo Pavey said: "I will never forget running in the Olympic Stadium at London

2012 and now everyone has the chance to. The 10km distance is achievable for most people and, as a mum, I think the family run is a great way to get kids active at a fun and healthy day out for all the family."

Newham's free spots have gone but places in the 10k run are still available at £32 and £5 in the family run. There is also a team relay for four or eight runners competing over a 26.2 mile marathon distance. For details visit www.greatrun.org

Take off with your dream career

workplace
Creating a better future

British Airways has teamed up with Workplace to offer an exciting opportunity for Newham residents to become a part of their team as a Cabin Crew member.

Every day BA CityFlyer flies thousands of customers to and from London City Airport in Newham in the heart of East London. The customers are both business and leisure and are from across the UK and Europe. You too could be part of this successful operation. BA are looking for exceptional, customer focused people who are passionate about achieving the highest standards of safety and comfort on board for its customers.

If you want to be working at 35,000 feet in a fast-paced environment, delivering outstanding service to a wide range of customers, then contact Workplace on 020 3879 1901 for more information.

www.newhamworkplace.co.uk



**Only put these
items in your
recycling bin**

Please put all general waste in your rubbish bin.

www.newham.gov.uk/recycling



Play your part for a Cleaner,
Greener Newham

Leisure centre **taking shape**

The foundations are laid, the metal structure is up, and the new state-of-the-art fitness facility in Forest Gate is moving closer.

Building work is progressing on the new £14.7m Atherton Leisure Centre in Renford Road. The former building which closed at the end of 2012, is being replaced by a brand new centre expected to open in Spring 2016.

The new facility will house a gym, exercise studios, a crèche, cafe, and two swimming pools – a fully accessible 20-metre teaching pool and a 25-metre six-lane pool.

Work on the site was delayed because of the poor condition of the old building, meaning the way it was dismantled needed to be reassessed. This extended the time taken to clear the site and lay the foundations.

Residents and centre users contributed to the design of the new building, which will be modern and energy efficient to

reduce running costs. It will feature a sustainable and eco-friendly system which will be used to convert waste heat into electricity.

"The new leisure centre will be a credit to Newham, providing state of the art leisure facilities for future generations to learn to swim and enjoy"

The centre's roof will be used to harvest rainwater, helping to form a living surface covered in recycled soil that will offer a habitat for plants and wildlife to flourish. In addition, the development will bring new homes to the borough, with work

expected to start on them later this year.

Deputy Mayor Councillor Lester Hudson said: "It is good to see work in progress well on the new centre. When completed, it will be a fantastic new addition to our leisure offer and will provide enhanced services and the latest facilities for residents."

"We are committed to investing in services that residents say are important. Building a high quality leisure centre is one of many ways in which Newham Council is achieving this."

Lee Walsh, operations director for developers Mulberry, said: "Work has been progressing well on this landmark redevelopment. The new leisure centre will be a credit to Newham, providing state of the art leisure facilities for future generations to learn to swim and enjoy."

From left: Cllr Ian Corbett, regional adviser for environment and leisure, Lee Walsh, Sir Robin Wales, Cllr Lester Hudson



My promises to you

2014/15 update

An Introduction from Mayor Sir Robin Wales

The residents of Newham deserve the best in these tough times and I have promised to stand up for our borough locally and nationally.

Each year I and the local councillors you elected to represent you, determine our spending priorities based on the things you told us matter most to you – the things that improve life for all of us. Recent years have been tough ones for most people as the cost of living rises and in Newham the cuts in our funding from the Government have been unprecedented.

But supported by the council, we continue to make sure our young people are not left behind and we continue to help people into work and on to the housing ladder and feel safer. And we have done so while continuing to freeze our Council Tax.

We continue to offer robust public services and see not a penny wasted. We are making sure we all get the same chances in life as people from more affluent areas.

I believe what we have achieved in the past 12 months is improving the lives and wellbeing of all our residents. My colleagues and I will continue to deliver on our promises.



Mayor's Promise #1

Lowest Council Tax in outer London

You said...

Keeping Council Tax low was one of your top concerns.

We did...

We've put money back into residents' pockets by freezing the Newham element of Council Tax. **We had the lowest Council Tax in outer London in 2014/15. It has been frozen again for 2015/16.**

Mayor's Promise #2

A dedicated enforcement officer for each ward

You said...

You said you are worried about crime in your neighbourhood. Many of you are worried that you or someone in your household might be a victim of crime. Young people themselves also expressed a fear of crime.

We did...

Each of Newham's 29 wards has a dedicated, uniformed officer who

regularly patrols every street, serves enforcement notices and issues fixed penalty notices.

The type of enforcement is wide ranging – and includes, on average, **300 enforcement notices being issued each month across the borough.**



Terence Hilden is the Dedicated Ward Officer for Custom House. He said: "The reception I get from residents is really warm. Having someone local they can report things to is working well."

Mayor's Promise #3

Additional police officers dedicated to Newham

You said...

You told us you were concerned by the

Sir Robin Wales,
Mayor of Newham

amount of crime and that you did not feel safe after dark or in our parks.

We did...

We fund 40 police officer posts.

The 40 officers support our enforcement teams tackling the things you say are important such as rogue landlords, litter and fly-tipping. Since January 2014 there has been:

- 1,275 arrests
- 249 Penalty Notice Disorders for offences such as possessing controlled or being drunk and disorderly in public
- 486 Fixed Penalty Notices for offences such as littering or fly-tipping
- 233 uninsured vehicles seized
- 225 operations with planning enforcement officers, resulting in the closure of 60 breaches
- 87 alcohol seizures

Mayor's Promise #4

Continue to help residents into work

You said...

The lack of jobs was amongst your top concerns. Many of you told us you want to work more hours.

We did...

Since 2007 we have invested millions into Workplace, our employment and training service. A further £6 million was allocated this year to help more than 4,000 residents find work.



Hubert Alfred from Plafstow was supported by Workplace to find a job building a power plant in Beckton. He said: "Workplace is brilliant. They gave me that first push to get to where I am today and I appreciate that very much."

- Between April 2014 and January 2015, Workplace supported more than 3,300 residents into work and is on target to reach 4,000. They also up-skilled and trained more than 1,000 residents
- Residents found engineering and construction jobs working with CrossRail, on the Olympic Stadium transformation and on the redevelopment of Canning Town; working in retail and hospitality at Westfield Stratford City; and different roles within the NHS and Newham Council
- Workplace is working with Chinese developers ADP and the London Legacy Development Corporation to identify jobs on their projects in the Royal Docks and Queen Elizabeth Olympic Park.

Mayor's Promise #5

An extra £4 million to improve our streets

www.newham.gov.uk/transport-and-highways

You said...

You told us we needed to improve the quality of roads and pavements. Many of you described them as poor

We did...

Attractive, well maintained roads and pavements which are properly lit make Newham look better and feel safer. We are inspecting roads and streets that you and your local councillors have said need improving and a multi-million pound investment programme is under way. And 95% of defects reported to us are fixed within two working days.



- For 2014/15 a maintenance budget of £2.4 million was approved and 31 schemes identified. Six are completed, five in progress and the rest begin soon.
- 1,000 street light columns and lanterns are being replaced. That's in addition to 800 done since 2013.

Mayor's Promise #6

An additional £5 million investment in CCTV cameras and infrastructure

NEWHAM COUNCIL HAS INVESTED IN THE FOLLOWING:

You said...

Drug dealing, people being drunk and rowdy, and teenagers hanging round on the streets were among your concerns

We did...

Newham owns and operates more than **1,000 CCTV cameras** that see monitored round the clock from our CCTV control room. As well as upgrading the existing CCTV network, we are adding **150 cameras**, including mobile cameras. The housing service is installing hundreds of new cameras in the next 12 months

Newham has:

- **666 cameras on housing estates**
- **170 fixed cameras in town centres**
- **90 wireless re-deployable cameras**

Between April 2014 and January 2015 **214 arrests** were made as a result of our CCTV.



Mayor's Promise #7

Invest more than £7 million into Newham's Every Child programme to support educational attainment, activity and achievement

NEWHAM COUNCIL HAS INVESTED IN THE FOLLOWING:

You said...

You told us that continuing to support young people to get a healthy lunch in our primary schools or to get extra support with reading is important to you. You told us you value our Newham Every Child Programme's offer of opportunities in reading, theatre and sport.



We did...

Since September 2008 all primary school children have been offered a **free school meal**.

Every child in Year 5 is given a **free musical instrument** and **three years free music tuition**. Support is given to pupils at Key Stage 1 who are under-achieving in reading, including **one-to-one tuition** to ensure no child leaves school unable to read.

Every Year 7 child can choose from **26 different sports** to try at school and in

after-school sessions at the University of East London. These include core sports such as football, rugby, cricket, tennis, athletics, tennis and basketball, plus activities outside the PE National Curriculum. Really to appeal to those who do not take part in traditional sports.

Every Newham primary and secondary school child has the chance to **go to the theatre free** either at Stratford Circus, Theatre Royal Stratford East or London Theatres.

- **Free school meals are provided in 65 primary schools with a take-up rate of 95.4%. This saves Newham families an average £566 for every child every year.**
- **The Every Child a Musician (ECaM) programme delivers weekly music lessons to 5,830 children in 64 primary schools and 14 secondary schools, resulting in 295,000 free music lessons per year.**
- **94% of children taking part demonstrate significant learning gains in music.**
- **ECaM has contributed to improvement in writing and mathematical scores for the past two years for Year 6 pupils at Key Stage 2.**
- **Thanks to Newham's reading guarantee and one-to-one tutor, 1,000 children at Year 1 pupils who were behind in their reading caught up to the level of reading expected for their age.**
- **There is one-to-one tutor training at all schools.**
- **Development days are held to develop writing skills of children who are under-achieving.**
- **Under Newham's Every Child a Sports Person programme, 3,400 pupils from 14 secondary schools took part during the 2013/14 academic year.**

- Newham Council's leisure partner ActiveNewham held sports taster days earlier this year at two schools for almost 500 pupils
- Highlights of Newham's 2014/15 Every Child a Theatre Goer programme included 150 children seeing War Horse, 2,000 children seeing Beauty and the Beast and 2,000 children seeing Othello.



Linda Strachan, fencing coach at Newham Swords, who have 16 members representing the country at various age group levels, said: "We are proud that we have been so successful and couldn't have done it without the financial support we receive from Newham Council."

Mayor's Promise #8

Fully funding the Freedom Pass scheme

You said...

Many older residents told us they rarely got out to see friends and family.

We did...

Newham Council funds free travel for more than 34,000 older and disabled

eligible residents using London's public transport including **buses, Tube, train and Docklands Light Railway**



Newham has funded 34,000 Freedom Passes as part of the 2015 renewal programme. This equates to a saving of around £2,300 per person, based on the cost of an adult annual season pass Zones 1-9. Of the passes funded, 2,500 were Disabled Persons Freedom Passes.

Mayor's Promise #9

Licensing all privately rented property

You said...

You told us that you want a better regulated private rented sector



We did...

Newham licences all homes run by

landlords in the private rented sector in order to improve accommodation, protect vulnerable residents from unscrupulous landlords and tackle anti-social behaviour associated with some rental homes.

- 36,798 licences have been issued for rental properties in Newham
- 449 landlords have been prosecuted. In December a property owner and agent were fined almost £40,000 in total by Thames Court for licensing and management regulation breaches at a property in East Ham.

Mayor's Promise #10

Taking steps to address the housing crisis

Over the next ten years Newham's shared equity scheme will offer

You said...

We know many of you are struggling with the cost of housing and with finding a place you can call home for life

We did...

Over the next ten years Newham's shared equity scheme will offer 1,200 residents the chance to get a foot on the housing ladder

In 2012 we committed to increase the council's housing stock by buying, buying and restoring 330 homes. We are on track to deliver this by 2015

We created a company called Red Door Ventures to build and acquire 3,500 homes for rent over the next ten years

Our innovative housing allocations policy continues to give priority to residents who are in work, members of the armed services or contribute to their community.

- 13 houses are ready for release to residents through **NewShare**
- We are constructing 80 three-bedroomed houses on small former garage sites. Some will be wheelchair adapted. All will be allocated through the **Choice Based Lettings** system
- **Newham** has bought 62 properties from the private sector to add to the council stock. We are committed to purchasing a further 20 each year
- 57 properties have been converted to larger or new homes
- **Red Door Ventures** are building 36 two-bedroomed apartments in **Leather Gardens, E15**. They have more than 1,000 in the pipeline
- More than half of the 1,634 council housing lettings through **Newham's Choice Based Letting** system were made to households in employment between April 2013 and December 2014
- Four members of the **armed forces** have been housed in 2014/15.

Mayor's Promise #11

Ensuring all residents who want to learn English get free support

[View report and find out how we have achieved this](#)

You said...

You told us we should continue to help people to learn English because it encouraged cohesion.

We did...

Residents who want to learn English are supported to do so. Free English language courses and other learning opportunities are available at libraries, learning zones and community buildings.

- English for Speakers of Other Languages courses are available free across all **Community Neighbourhood** areas. For the first two terms for 2014/15 almost 2,000 residents enrolled in a course
- Resources are available online for free at **Newham libraries** as well as online support to prepare for the **British Citizenship** test
- **Chatbox** sessions take place in **Community Neighbourhoods** supported by **Newham Volunteers** programme.

Mayor's Promise #12

Taking on payday lenders that charge extortionate rates

[View report and find out how we have achieved this](#)

You said...

Many of you have told us managing financially can be a real struggle as living costs go up. Some of you told us you are falling behind on bills or your mortgage or rent and are worse off than two years ago.

We did...

We supported the coming together of **NewDeal** and the **London Community Credit Union** to build a stronger local, community based, financial institution for residents to access money.

Newham has banned high cost payday lenders from advertising on all council owned property and blocked access to such sites from computers used by residents.

MoneyWorks, a place where residents can go for affordable credit is being set up. It will bring together sustainable loans and savings products with money and debt advice.

- **MoneyWorks** is seeking suitable partners for a launch later this year
- 190 sites of high cost payday lenders are blocked from council computers



Manana Aslanyan became a British citizen in 2014 after coming to **Manor Park** from Armenia. She said: "My husband has been here for many years and after we married I came to **Newham**. Before taking the Life in the UK test I studied English and passed first time."





Dr Paul Nailor from Stratford, a member of London Community Credit Union since 2006, said: "It helped me become debt free. People should n't turn to pay day loans when there is a credit union like LCCU that can help."

In addition to these promises, we also continue to provide:

Free swims for under 16s and over 60s at council leisure centres



Free doorstep bulky waste collection – up to six items



Weekly household waste collection



Grants to support residents to host events and activities that bring the community together

Large programme of free events



First parking permit free for residents living in a Residential Parking Zone

Contact the Mayor


Have you got something you'd like to share with the Mayor?

Sir Robin Wales holds regular Here to Help sessions where you can have a one-to-one, confidential conversation about matters that are important to you. Please arrive 30 minutes before the start of the surgery to register your attendance.



- **First Thursday of the month, 11am, Old Town Hall Stratford, Broadway, E15.**
- **Second Thursday of the month, 10am, Canning Town Library, 105a Barking Road, E16.**
- **Third Tuesday of the month, 5pm, Newham Town Hall, Barking Road, E6.**
- **Fourth Saturday of the month, 10am, The Gate, Woodgrange Road, E7.**

Sir Robin also holds regular telephone surgeries where you can register queries. Call **020 8430 2000** on the second and fourth Wednesday of each month, from 9.30-10.30am, and leave your contact details. Sir Robin will look into the query and call back at a later date. You can write to Sir Robin at Mayor of Newham, 1000 Dockside Road, London, E16 2QU or email mayor@newham.gov.uk Visit www.newham.gov.uk/mayor for more information.

A man with grey hair, wearing a dark suit, light blue shirt, and patterned tie, is sitting on a wooden bench. He is smiling slightly. In the background, the large, circular, steel-framed structure of the Olympic Stadium is visible, along with some trees and a small red and white tower on the right.

Brendan still making the running

The former teacher turned businessman is chairman of Nove International, the company working with Newham Council to stage the Morrisons Great Newham London Run at the Olympic Stadium on 19 July, subject to transformation work being completed.

Brendan, founder of the Great Run series, wants it to become the UK's biggest annual mass participation running event. He said: "Within five years we aim to have 60,000 people taking part every year. It will be spectacular to see so many people running around Queen Elizabeth

Olympic Park and crossing the line in the Stadium. I hope Newham residents are excited! It is a not-to-be-missed opportunity for runners and spectators."

It was as a 12-year old that Brendan was inspired to take up running. He said: "I remember rushing home from school to



Brandon Foster's athletics career saw him compete in three Olympic Games, claiming Britain a bronze medal in the 10,000m in Montreal in 1976. If anyone knows the exhilaration of crossing the finishing line on an Olympic track, it is him.

welch races from the 1960 Rome Olympics on the telly. Peter Snell of New Zealand winning the 800m, Herb Elliott from Australia winning the 1500m, and Abebe Bikila from Ethiopia winning the Marathon stuck in my mind, but particularly Bikila, the first black African to win an Olympic gold medal. That

was when I decided I wanted to run in an Olympics.

"David Coleman was the BBC commentator then. I wanted him commenting on me one day. I am proud that he did that, and fortunate that I worked with him behind the

microphone."

Brandon's talent was spotted by his local athletics club Gateshead Harriers. He said, "I was 15 and my coach Stan Long said I could be good, but it didn't happen until I was 20. By then I'd given up hope of being the next Jackie Milburn and wearing the Newcastle United number 9 shirt. I always tell Alan Shearer how lucky he was that I chose athletics over football. I would have loved to have scored 200 goals for the Magpies' mind."

Brandon describes his best race was winning the 5000m in the European Championships in Rome in 1974 in a time just outside the world record. "Funny that it should be Rome that so inspired me in the first place," he said.

He came up with the idea for the Great North Run when training in New Zealand in 1980. He said: "My friend Dave Moorcroft and I were invited to take part in the Pound the Boys race in Auckland with 10,000 others. The biggest race in England at the time was the national cross country championship which had only 1,300 runners.

"The race started in the city in Auckland and finished on the beach. It was unbelievable that so many people were running. I thought when I got home and told others after the Olympics I will organise a race like this."

The Morrison Great Newham London Run will be run over 10km but there is also a shorter run suitable for families and a team relay over a 26.2 mile Marathon distance.

Added Brandon: "Kids in Newham are so lucky to be able to say that not only did they see an Olympics where they live, but they also have the chance to finish a race on the same track where Usain Bolt, Mo Farah and Jessica Ennis-Hill won gold medals. We can't wait to get back to the Stadium. It will be out of this world."

"What has happened on Queen Elizabeth Olympic Park in such a short space of time is more than Lord Seb Coe and his 2012 team could ever have dreamed of. An event like ours is exactly what he had in mind when he said the legacy of the Games was for the people."

Places are still available in the Morrison Great Newham London Run. Visit www.greatrun.org for details.



Newham in pictures



1 Dedicated followers of fashion! Shoppers flock to the newly opened East Shopping Centre on Green Street. E7 2 On the right track! Youngsters from across London can't resist an Olympic style run in Queen Elizabeth Olympic Park. 3 Work this way! Students attend the Newham Careers Fair at Newham College. E8 4 Top Gun! Residents got to see behind the scenes at the Army Reserve Centre. E15 5 Great shot! Former Chelsea captain Dennis Wise takes some pointers from Newham All Star Sports Academy at SportDock. E16

Get active during Easter break

Throughout the Spring Break, Newham Council's leisure and activity partner activeNewham is offering an exciting programme of fun activities. From 3 to 19 April events take place in leisure centres, sports facilities and parks and many are free.

FREE Highlights

Free Swimming

Newham residents aged under 16 or over 60 can swim for free at all of Newham's leisure centres during public swimming sessions

Get Active Outdoors

Free sports and activities – no need to book. Sessions include football, Us Girls (female-only sports sessions), tennis, athletics and Go Wild (wildlife exploring, den-building and games)

All 12noon-3pm: Mon 13 Apr, Kier Herds Park, Taring Rd, E16 Tues 7 & 14 Apr, New Beckton Park, Savage Gdns, E8; Weds 8 & 15 Apr, Central Park, High St South, East Ham, E6, Thurs 9 & 16 Apr, Plashet Park, Plashet Grove, E6, Fri 10 & 17 Apr, Stratford Park, West Ham Ln, E15

Explore Plashet Park

Enjoy a walk around East Ham's Plashet Park to explore the wildlife and park improvements
Sat 11 April, 11am-12noon
Sat 18 April, 2-3pm

Other highlights

Kids' Stuff

Newham Leisure Centre's Kids Playscheme (5-11yrs) combines sports, activities and imaginative arts and crafts
Tues 7 to Fri 17 Apr, 8am-6pm, £13.90 daily, £57.35 weekly. Advanced booking required – call 0300 124 0123

Jumbo Gym

A new programme offering an exciting soft play environment for mothers and toddlers
Wed 8 & 15 Apr, 7-8.30pm
East Ham Leisure Centre, 324 Barking Rd, E8. Ages up to five years
£2.50 member, £3 non-member
Book in advance – call 0300 124 0123

Active Newham Swim School Crash Courses

Intensive five-day swimming courses for ages 3-5+ yrs and all abilities
Mon 6 to Fri 10 Apr & Mon 13 to Fri 17 Apr, Boleyn Leisure Centre E13, East Ham Leisure Centre E6, Newham Leisure Centre E13. Fee: £21.15 Junior (up to 16

yrs), £30 adults, £14 concessions
Participants must have an activeNewham membership. Book on 0300 124 0123

Female Indoor Group Cycling (11-16yrs)

Tues 7 & 14 Apr, Thurs 9 & 16 Apr
5-5.30pm, £1.50, Newham Leisure Centre. Book on 0300 124 0123

Football Training Camp (5-12yrs)

Thurs 9 Apr, 10am-3pm, Central Park, High St South, East Ham, E6
£10. Book on 0300 124 0123
Wear suitable clothing. Bring lunch and water

Tennis Training Camp (5-12yrs)

Wed 8 & 15 Apr, 10am-3pm
Central Park, High Street South, E6,
£10 per day. Book on 0300 124 0123.
Wear suitable clothing. Bring lunch and water. Rackets and balls provided

For details of Spring Break activities
visit www.activeNewham.org.uk
or call 0300 124 0123



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Eventbrite



Licence to drive housing standards up

Residents renting homes from private landlords in Newham have more rights than anywhere else in the country.

On 1 January 2013 Newham became the first borough in England to introduce mandatory licensing for private rented property. Now just over two years later, all landlords who should be licensed are licensed.

That is no mean feat. The 2011 Census – the official Government measure – identified 35,709 licensable properties in Newham, and they all now have licences. More may have sprung up in the meantime, but their days of not complying with the rules are numbered.

Our Private Housing team work hard to identify any new unlicensed properties. These properties will receive a full inspection and appropriate legal action if required. We also make landlords carry out repairs to properties. They are told the standards we expect if that property is licensed.

Landlords who do not license their properties are committing a criminal offence, which could result in a prison sentence. Since January 2013 we have



The landlord of this property in Plaistow, where a mum and her two young children were living, was served an improvement notice.

- Received 35,709 licence applications
- Carried out 110 operations with police, immigration and Customs officials
- Inspected 1,500 properties
- Taken 472 prosecutions against criminal landlords
- Issued 243 cautions
- Banned 24 landlords

We are also in the process of recovering more than £750,000 in unpaid Council Tax from landlords and up to £650,000 from landlords who claimed Housing Benefit for rent for unlicensed properties.

- You can check if a rental property is licensed at www.newham.gov.uk/licensingregister
- To report a rental property which is not licensed visit www.newham.gov.uk/reportunlicensedproperty
- Private sector tenants wanting advice can visit www.newham.gov.uk/private tenants advice
- Landlords wanting advice can visit www.newham.gov.uk/propertylicensing

Councillor Andrew Dukes, mayoral adviser for housing, said: "There are many good landlords in Newham, but those properties that are badly managed can have a detrimental effect on our neighbourhoods. Overcrowded properties can result in anti-social behaviour and excessive rubbish, which impacts negatively on the immediate surroundings."

"Now that all private landlords are licensed, people renting privately in Newham can start to feel confident of finding good quality, well-managed homes from responsible and compliant landlords."



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This project has received funding from the European Union's Horizon Framework Programme for Research, Technological Development and Innovation under grant agreement no 101019142

Concert of note for star James

Young East Ham singer James Anderson took to the stage at London's Royal Festival Hall as part of the prestigious Youth Makes Music concert organized by Rotary In London.

He joined 14 other acts put forward by Rotary Clubs across London for the event, which was hosted by BBC TV presenter Clio Cressell. More than 50 Newham residents were also invited to join the audience.

Youth Makes Music is Rotary's biennial concert for young musicians. It featured more than 500 performers aged 11 to 18, from soloists, small groups, bands, choirs and

orchestras. For many it was their first opportunity to display their talents at such a prestigious venue as the Royal Festival Hall.

The participants were nominated by their local Rotary Clubs. Councillor Joy Leggett, Chair of Newham Council, supported James, who has appeared on TV's Britain's Got Talent and Newham's Under the Stars music concerts.



William Anderson

Reading event will be magic

The Gate Library in Forest Gate is holding an afternoon of free fun events as part of Cityread London.

Residents will be treated to a magic show, comic book workshop and a PUNCH and Judy show, drawing on themes from the book *Rivers of London* by Ben Aaronovitch.

Cityread London is an annual celebration that asks residents to focus on one book and read it together. The event will take place on Monday 13 April from 3.30-7.30pm at The Gate Library, 6-8 Woodgrange Road, E7. It has been arranged with support from Newham Council's Forest Gate Community Neighbourhood team.

Free prize draws to win copies of the book will take place and author Ben Aaronovitch will attend 6-7.30pm to discuss his work, meet residents and sign copies. *Rivers of London* and other titles in the series will be available to buy at a discounted rate.

For information visit www.cityreadlondon



Classy school makes a difference

Tolgate Primary School in Palslow has won a prestigious award from the National Autistic Society that recognises and rewards those whose good practice makes a difference to the lives of people living with autism.

The school received top prize for inspirational education provision at the Autism Professionals Awards. The honour was presented by actress Jane Asher, President of the National Autistic Society at a ceremony in Harrogate.

Liz Harris, deputy head teacher at Tolgate, said: "The awards acknowledge the outstanding contributions and achievements of individuals, teams and organisations who have demonstrated excellence, dedication and commitment to improving the lives of people with autism."

"We have a dedicated team at Tolgate and would like to thank all of our families for working alongside us to make our team so exceptional."



Liz Harris, centre, with Jane Asher, left, and Mark Lewis, National Autistic Society chief executive

Discover delights of TV poet



Residents aged five and over are invited to the Chisel's story centre in High Street, Bradford, for a poetry evening and book signing with performance poet Joe from Chisel's Rhyme Rocket TV show on Wednesday 5 April at 7.30pm.

In the Wernwolf Club Rules event Joe from Chisel's Rhyme Rocket TV show will reveal the mysterious nature of the Wernwolf Club, how to look like a rainbow unicorn to look up your grandparent.

The Newham Mag has teamed up with the Chisel's story centre to offer a family ticket (at least one adult and one child aged up to 15) to the event. To be in with a chance of winning tell us what Chisel's programme you Joe Coelho appear on?

Send your answer and your name, address and telephone number to Newham Mag@newhammag.co.uk or write to Newham Mag, 1000 Deepdale Road, 6 to 200, before Friday 3 April. Call 020 7600 6065 or visit www.discoveringuk for more details.

Get a kick from soccer skills



Young people aged three to 15 are invited to make soccer skills their goal over the Easter holiday Spring break by taking part in the West Ham United Soccer Schools programme.

Participants will receive a West Ham United certificate and medal. Scouts and coaches from the club will attend and previous soccer schools have seen several youngsters referred to the club's soccer Academy.

Courses take place at the West Ham United Community Sports Trust, 60a Abchurch Lane, off Woolwich Manor Way, Beckton E6, on Tuesday 7 to Saturday 11 April and Thursday 16 to Fri 17 Apr. There are sessions for Min-Orbiters, ages three to five years, on April 7, 9, 11 and 17.

Places range from £10 to £30. For more information and to book your place call 020 7479 7720 or email community@westhamunited.co.uk

Kids' Corner



PLEASE SEND YOUR DRAWINGS,
JOKES AND POEMS TO:
KIDS' CORNER, WEST WING
4TH FLOOR, NEWHAM DOCKSIDE
1000 DOCKSIDE ROAD, LONDON E16 2QU
OR EMAIL THEM TO
newham.mag@newham.gov.uk

Don't forget to write your name, age, address and daytime
contact telephone number on the back of your entry

GALLERY



Stefans



Srinethi Neshan, 9



Mariya Nikolic-Todorovska



Nagayashika Eshita

Win free membership at Stratford Picturehouse

This issue's winner receives free annual family membership at Stratford Picturehouse, which includes free tickets and discounts on films.

To be in with a chance of winning this or another great prize send your pictures, jokes and poems to **Kids' Corner, West Wing, Fourth Floor, Newham Dockside, 1000 Dockside Road, London E16 2GU**. Don't forget to write your full name, age, address and daytime contact telephone number on the back of your entry. **Good luck!** Visit www.picturehouses.co.uk to see what's on.



Poem

Sharks

SNAP! SNAP! Eating bloody fish flesh.

Sharks as fierce as can be,
No other fish is fierce than thee.

Crunching munching fish bones
under the dark depths of the sea.

Doal Scary!

Fazley Nirob, 10

Colour-me-in Wordfit

3 letters

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ICE
ONE
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4 letters

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WHAT'S ON?

FIVE PAGES OF ACTIVITIES MOSTLY FREE, ALL FUN

OUR THRILLING THREE...

1

Beckton's 150th Park Run – Sat 4 Apr, 9am
Beckton Park South: £5 Special event to mark
150 5k park runs. With charity raffle. Free.

2

Easter Egg Hunt – Sun 29 Mar 2-4pm
Follow the trail to collect all ten clues. Starts at
Stratford Library. Call 020 3373 0825.

3

Newham's Great War Exhibition Launch
– Find out more about Newham's part and
the great war. Thurs 7 Apr 10.30am-12noon,
Plaistow Library.

MENTION THE MAG...

Are you looking to pass your driving
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Abbles Driving School are offering
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Abbles Driving School is based at 2A Bulasin St, E13 8AQ.
For further information call 020 7474 9322 or email
info@abblesdrivingschool.co.uk



TRY SOMETHING NEW... THE BIG CLEAN-UP DAY

Come along to show how much you care about where you
live. Join the big clean team to brighten up our local streets
and green spaces.

**Saturday 4 Apr, 10am-12noon. Meet at Manor Park
Library, 695-691 Romford Road, E12 5AD**

Children must be accompanied by an adult. To register
to take part or for more information please visit or call
Manor Park Library on 020 3373 1267 or email Andrew.Richardson@newham.gov.uk

Indicates free sessions

Liberated unless stated

UNDER-FIVES

Music and Rhyme

Tues, 10.30-11.15am,
Custom House

Rhyme Time

Thurs 1.30-2.15pm Custom
House Mon, 4-4.45pm,
Canning Town, Tues 7 Apr,
11am 12noon Green St

Storytelling

Mon 11am 12noon Tues,
10-11am Blackten Glaze Mon
10.30-11.15am Custom House,
Tues, 10.30-11.30am Canning
Town, Tues 11am 12noon The
Gate Tues, 10.30-11.30am,
Thurs, 9.45-10.45am, East Ham
Sat 11am 12noon Green St,
Fri, 11am-12noon, Manor Park,
Thurs, 2-3pm North Woolwich,
Thurs, 2-3pm, Plaistow; Tues
and Fri, 11am 12noon, Stratford

Tues 7 Apr 10am-11am, Weds
4 Apr, 1.30-2.30pm, Fri 10 Apr
2.30-3.30pm, (Fancy Dress)
Green St

Play and Play

Support for parents and carers
to develop their child through
play. Xmas time: Weds and Sat,
11am-4pm, Stratford Thurs,
1.30-3.30pm, Jack Cornwell
C.C. Fri 10.30-11.30am The
Gate Tues, 9.30-10.30am,
Joyes C.C. Tues 10am
12noon Gesseroats Thurs,
1-3pm, North Woolwich, Tues
2pm-4pm Tues 7 Apr 12noon
1pm Thurs 2pm-4pm Sat,
12noon-1pm Green St

Music and Movement

Sessions for parents/carers
and children Mon 10-11am, Gesseroats

Baby Sing-a-Long

Thurs, 1-1.30pm, North
Woolwich



YOUNG PEOPLE



Board Games Club (7-13yrs)

Play chess, Checkers, Ludo, Monopoly and more! Time free. Thurs, 4-6pm, Green St and Custom House. Thurs 4:30-6pm, North Woolwich. Tues and Fri 4-5pm, Stratford (Term time). Sat 2:30-4pm, Manor Park. Tues 7 Apr 2-4pm, Green St.

Homework Club (7-14yrs)

Free study support. Time free. Mon 3:30-4:30pm, North Woolwich. Mon 4-6pm, Stratford. Weds 3:30-5:15pm, Manor Park. Thurs 4-5pm, Plaistow. Fri 3:30-5:30pm, Canning Town. Fri 4-5pm, Beckton. Fri 4-5:30pm, East Ham. Sat 10am-12noon, The Gale. Sat 2-3:30pm, Green St.

Games Club (7-16yrs)

Sony PS3, Xbox360, Nintendo Wii, board games and more. Tues 3:30-5:15pm, Custom House. Thurs 4-6pm, Canning Town. Wed 3:30-5pm, Forest Gate. Mon 3:30-5pm, Plaistow.

Proud Young Project (7-16yrs)

Activities for young people. Mon 3:30-5:30pm, Jack Cornwell C.C.

Children's Movie Club

Booking essential. Thurs, 4-6pm, 7-12yrs. The Gale. Tues 3:30-5:30pm, 0-12yrs. Under 5s must be accompanied by an adult. Green St.

Arts and Craft Workshop (5yrs)

Fri 3:30-5pm, Green St. Sat 2-3pm, Custom House and Canning Town. Tues 4-5pm, Plaistow.

Easter Colouring in (4-11yrs)

Tues 7 Apr 12noon-1pm, Green St.

Young Readers Club (7-12yrs)

Read or right week topic computer training. Advance booking required, contact library directly. Tues 10am-12noon, The Gale. Tues, 10am-12noon, East Ham. Tues 10am-12noon and 2-4pm, Plaistow. Mon 10am-12noon, Manor Park. Weds 2-4pm, Stratford. Thurs 10am-

Children's Movie

Matinee (0-12yrs). Wed 8 April, 3pm, Plaistow. Sat

3:30-5:30pm, Green St.

Let's Start Sewing (7-16yrs)

Beginner sewing classes. Sat 12noon-3pm, Woodman C.C. Woodman St, E16. Email: theteam@thefoundation.org.uk

Easter Arts and Crafts (0-12yrs)

Tues 7 Apr, 3-5pm, Plaistow. Sat 4 Apr, 3-5pm, Thurs 5 Apr 2-3pm, Fri 10 Apr 3:30-5pm, Green St.

Indoor Inflation Penalty Shootout (4-11yrs)

Wed 8 Apr 1:30-2:30pm, Green St.

Party Games (4-11yrs)

Tues 7 Apr 4-5pm, Wed 8 Apr 2:20-3:30pm, Green St.

Open Mic Talent Show (4-11yrs)

Thurs 5 Apr 3-4pm, Green St.

Half Term Reading

Challenge (0-12yrs) Mon 3 Apr to Sat 10 Apr, Green St.

ACTIVITIES AND SUPPORT



Time-2-Craft (16yrs)

Sat 10am-12noon, Stratford.

Adult Reading Group

Discuss your favourite books and discover new writers. Sat 12noon-1pm, Green St. Thurs 2 Apr 6:45-7:45pm, Plaistow.

Chess Club

Mon, 5:30-7:30pm, East Ham. Weds 3:30-5pm, Green St. Thurs 5:30-7:30pm, Stratford. Fri 3:30-5:15pm, The Gale.

Coffee Mornings

Tues 10-11:30am, Beckton. Thurs 10-11:30am, Canning Town. Tues 11am-12:30pm, Custom House. Thurs 10-11:30am, North Woolwich.

Do it Online (16yrs)

Free or right week topic computer training. Advance booking required, contact library directly. Tues 10am-12noon, The Gale. Tues, 10am-12noon, East Ham. Tues 10am-12noon and 2-4pm, Plaistow. Mon 10am-12noon, Manor Park. Weds 2-4pm, Stratford. Thurs 10am-

12noon, Green St. Thurs 10am-12noon, Katherine Rd C.C. Wed 10am-12noon, Plaistow.

Kat & Mather (15+yrs)

Weds 10am-12noon, Beckton. Fri 10:30-11:30am, Canning Town. Fri 10am-12noon, East Ham. Tues 10:30am-12:30pm, Manor Park. Weds 10:30am-12:30pm, Green St.

ICT Surgery

IT advice for all ages. Mon 10am-12noon and 2-3pm, Plaistow. Wed 10-12noon, Stratford. Fri 2-4pm, Canning Town.

Stratford London

Teachmasters

Public speaking and leadership club. 1st and 3rd Monday of month, 6-8pm, Stratford. Fee applies. Call 020 3373 0828.

Weekly Get Together

Try new things. Weds 10-12noon, 12-30pm, Green St. Call 020 3373 0857.

Love Newham app

drop-in Learn how to report issues via the app. Mon, 10:30-11:30am, The Gale.

Inspire Futures Drop in

Advice on ESOL and citizenship. Thurs 2-4pm, Green St.

Community Links Drop in

Debt, housing and benefit advice. Call 020 8548 9825 to make an appointment. Thurs 2 Apr 3:30-5:30pm, Katherine Rd C.C. Call 020 8548 9845. Mon 30 Mar 12noon-2pm, Green St. Call 020 3373 0857.

ICT Drop-in Session

Set up a My Newham profile and create an email account. Fri, 10am-12noon, The Gale. Fri, 10am-12noon, Green St.

Bingo Night (16+yrs)

Thurs, 5-7pm, Green St.

Aerobic Exercise

Workout and body stretching. Tues, 9:30-10:30am, Jack Cornwell C.C. £1.50.

East Ham Youth Zone

Sony PS4, DJ decks and other

activities. Tues 4-7pm, East Ham.

Nappy Living Club

Indoor and outdoor activities for over 50s. Tues and Weds, 1:30-5:30pm, Joyce C.C.

SNT Drop-in

Fri 12noon-1pm, Stratford. Thurs 26 Mar, 10-11:30am, Canning Town. Thurs 24 Mar 11am-12:30pm, Custom House. Wed 25 Mar, 3-4pm, Green St.

New Deal Club

Opportunity to learn new and useful things for members. Mon, 6-9pm, Stratford. Code up to £2.

Silver Surfers IT Course

Fri 2-3:30pm, Beckton.

Support in Action

Thurs, 12noon-4pm, Joyce C.C.

Martial Arts (15+yrs)

Tues, 5-6pm, Jack Cornwell C.C.

Get on Target Business

Advice Surgery. Tues 12noon-3pm, North Woolwich. Call 07931 676 483 to book.

Dental Health Drop-in

Thurs 2 Apr, 3-6pm, The Gale.

UEL Drop-in

Tues 7 Apr 10am-12noon, The Gale.

World Autism Day

Celebration. Thurs 2 Apr 10:30am-2:30pm, Plaistow.

SpED Speaking English with Confidence

Tues, 1:30-2:30pm, Stratford. Mon 10-11am, Weds 10-11am, Thurs 10-11am, Green St.

Free English

Conversational Club. Weds, 11am-12noon, Canning Town. Weds 11am-12noon, The Gale.

Easter Fair

Sat 26 Mar, 1-4pm, The Hub.

Go For It Grants Surgery

Thurs 5 Apr 4-6pm, Manor Park.

Safer Neighbourhood

Team Drop in.

Fri, 12noon-1pm, Stratford.

Regeneration Drop in

Thurs 2 Apr 10-11:30am, Canning Town. Tues 7 Apr 11am-12:30pm, Custom House.

Table Top Sale

Sat 28 Mar, 9am-2pm Jack Cornwell C C. £5 per table

Free Business Advice

Surplus Tues 31 Mar, 12noon-2pm North Woolwich. To book free session call 07501 376 483

Cake Decorating Course

Weeks, 10am-12noon, Katherine Rd C C. call 020 8522 5772 to enrol

Asian Dressmaking

Course Tues 10am-12noon Katherine Rd C C. call 020 8522 5772 to enrol

Life in the UK Classes

Weeks, 12noon-2.30pm Fri, 10am-12noon, Plaistow, contact Frankie on 020 8542 3804 for information

COMMUNITY ACTIVITIES



Bumps and Babies

(up to 4yr) A free home-based meet up every Wed, 1-3pm for expectant parents and those with babies. Email newhamncl@hotmail.com

Meet and Greet

Mums, Bumps and Babies Fr in various cafes around Newham. Visit www.nclmums.com or email joydavis@live.com

Royal Docks Learning & Activity Centre

Men, Nadderford, 10am-12noon, **CS, Tues**, Play and Toddler Group, 10am-12noon, **ET** Bings, 10am-12noon, **ET Wed**, 10am-12noon, **ET Employment 1 & 2** support by appointment. **Cheese available Thurs**, 10-11am, **CS**, first session free, 10.30am-12noon, **Line Dancing** **ET** first session free 1-3pm **Mon-Fri**, After School Club for Gals, Britannia Village, St Jacobs s and Drew primary schools. **Mon-Fri**, Open Access After School Club 4-6pm. £3 per day. **Royal Docks Learning & Activity Centre**, Albert Rd, E15. Call 020 7476 1666 Visit www.rdlco.org.uk

Search rdlco.com on Facebook

Junior Volunteer Police Cadets (10-12 yrs, term time)

Wed 3.30-5pm, Little Lord School, Browning Rd, E12, **ET Thurs**, 4.15-5.45pm, Upton C C, Claude Rd, E13. **ET** Call 07500 881 378

Senior Volunteer Police Cadets (13-17 yrs)

Wed, 6.30-9pm, Little Lord School, Browning Rd, E12, **ET**, **CS**, **Thurs**, 6.30-9pm, Euxine Community School, Eving Rd, E15, **ET**, **CS** Call 07500 881 378

BOXING AND SELF DEFENCE



Boxing (Newham College)

Mon, 5-6pm, East Ham College, High St South, **ET**

Fight For Peace Boxing

Mon to Fri, 4-5pm 10-14yrs Mon to Fri, 5-6pm, 14-19yrs Woodman St, North Woolwich, E16. Call 020 7474 0054

Punch Out (16+ yrs)

Fri, 4-5pm, Katherine Rd C C 254 Katherine Rd, **ET**

Intense Fitness (14+ yrs)

Workouts: boxing and wrestling Fri 8.30-10pm, **ET** The Harley Centre, **ET** Call 07878 253 542

Newham Shogun Karate

Wed 6am-8am, 4.30-5.30pm, Fri 5.30pm and 7-8.30pm, Sun 10-11am, Under 15yrs **CS**, 15yrs **CS** cones **CS** Newham Leisure Centre E13. Call 07508 020 528

Docklands Shogun Karate

Mon and Wed juniors and beginners 7-8pm, all other grades 8-9pm. First session free, under 15yrs **CS**, 15+ **CS** cones **CS** UEL SportsDock, call 07766 665 669

Stratford Judo

Competition training, Juniors (8-14yrs) Tues and Thurs, 6.30-8pm, seniors (15+yrs) Tues and Thurs, 8-9.30pm. Beginners Juniors (8-14yrs) Wed, 6.30-7.45pm, seniors (15+yrs) Wed, 7.45-9.15pm. From **CS** **ET** par

ches. Capenters and Dockland Centre, 86-90s Rd E15. Call 07905 001 260 www.stratfordjudo.com

West Ham Boys ABC

Mon, Wed, Fr mixed (8-15yrs), 5-6pm, Sat, boys (8-17yrs), 10-11am, girls (7-16yrs), 7.1am-12noon, **ET** 2 London Rd, E13. Call 020 8472 2214

HEALTH AND FITNESS



Alhifit

All ages and ability, Mon 11am-12noon (women only) Weds, 11am-12noon (mixed) Jack Cornwell C C

Bootcamp and Circuits with AJ

Mon, 6.30-7.30pm, Chancery East Community Hub, E15. **ET** Call 07566 544 252

Janice's Fitness

Mon, 7.15-7.45pm, full body abs, **CS**, The Harley Centre, **ET** Call 07818 000 642

Twisted Pink Street Dance

7-11yrs, Thurs 6-7pm, St Luke's Church, Telling Rd, E16 12yrs, Fri 6-7pm, Maryland Studios, 84 Leyfstone Rd, E15. **ET** Call 07061 544 017, visit www.twistedpink.org.uk

Zumba fitness

Mon and Weds, 7-8pm, **CS** and **ET** for 2nd class. Vantage Ln Community Centre, Gower Ct, E15. Call 07500 898 665

Zumba with Jessica

Mon, 5.30pm, **ET** 50 Asia Community Hub, 14s Camel Rd, E16. Sat, 9.30am, circuits **CS**, Community Resource Centre, 200 Chargeable Ln, E10. Call 07884 561 484

Zumba

All ages. Registration essential. Bring water and a towel. Weds 7-8pm, **CS**, Beckton C C Mon 9.30-10.30am, **ET**, Jack Cornwell C C, Fri, 9.30-10.30am, Jack Cornwell C C, Free

Let's Yoga

Thurs 6.30-7.30am, Grassroots, **ET** Sat, 10am

12noon, Jeyes C C, **ET** Wed 7-9pm, Plaistow, **ET**

Lee Valley Cycling (12-22yrs)

Wed, 4.30-6pm, Lee Valley Velodrome, **ET** or **CS** for 12 yr course. Pre-booking essential, email Paul.Firthing@activeleamham.org.uk

Indoor Tennis

Mon, 6-8pm, Lee Valley Hockey & Tennis Centre, **ET** Pre-booking essential, email Paul.Firthing@activeleamham.org.uk

Mini Tennis

Tues, 4-5pm and 5-6pm, East Ham Leisure Centre, 4-8yrs, Thurs, 4.30-5.30pm and 5.30-6.30pm, Newham Leisure Centre, 4-8yrs and 8-15yrs. £50 for 10 sessions. Email Paul.Firthing@activeleamham.org.uk

Outdoor Tennis (14-25yrs)

Fri 5-7pm, Stratford Park. Email Paul.Firthing@activeleamham.org.uk

50+ ACTIVITIES



Age UK East London

Nordic Walks (18+) Tues, 9.30-10.40am, meet at Age UK East London Newham Branch, 665 Barking Rd, E13. Sun, 10-11am, meet at entrance of the Copper Box, Queen Elizabeth Olympic Park, E20. For more info call 07068 926 242

Health Walks

Mon 2pm, starts at the War Memorial, Central Park, **ET** Call 07518 750 120 Tues, 10am, starts outside Paul a Manager at Stratford Station. Call 0844 414 2728 Tues, 1.30pm, starts at the corner of Walsland Rd at the junction of Capital Rd and Woodford Rd. Call 0844 414 2728 Wed, 10.30am, starts outside Newham Community Centre, McGrohn Rd, E15. Call 07870 291 120 Thurs, 1.30pm, starts at the corner of Walsland Rd at the junction of Capital Rd and Woodford Rd. Call 07506 744 555

Thurs 2pm, starts by the War Memorial, Central Park, E6
Call 075 75 750 120
Fr 10.30am starts outside St Mark's Community Centre, Tolgate Rd, E6 Call 07908 744 505

Newham Striders
Only walking group
Call 0844 414 2728

Needle Weaving
Wed 3-5pm Meet at Lord Lister Health Centre, E7. Not suitable for wheelchair
Call 07783 680 429
Fr 6-30pm Meet at Newham Leisure Centre, E13
Sun 10-11.30am Meet at East Ham Leisure Centre, E6

Young at Heart
Bingo Club Mon, 12noon-4pm E1 Jayes C C

Ballroom Dancing
Mon, 10am-12noon, St Paul's Church Centre, Burgess Rd, E6
£2.50 per session
Call 07761 209 483

Active Centre Bingo (50+)
Thurs, 7-9pm, Jack Cornwell C C
Mon, 12noon-4pm, Jayes C C

Over 50s club
Thurs 10am-12noon, Beckton

JOSSAN
Fash based group with cultural activities
Fr 12noon-2pm
Jayes C C

GREEN

Green Gym
Wed 10am-1pm meet at Valler Centre in East Ham Leisure Reserve, Norman Rd, E6
Call 07945 593 106

Green Volunteering
Tues and Thurs, 10am-2pm
Silverburn Wy, E16 (opp Nailsea Rd)

Garden Club
Tues, 7-9pm, Thurs 4-7pm, Sat 10am-4pm Abbey Gdn, Bekers Row, E15

Gardening Thymes
Gardening Club
Fr 11am-3pm Bowling Green,

Central Park, High St South, E6

Grow Together Be Together Community Gardening Club
Wed 10am-1pm Sat 10am-3pm
Ponders Field, Millbourne Rd entrance, E6 Call 020 8585 7070

DOORSTEP CLUBS

Call 0644 414 2728 unless otherwise stated.

Athletics Club (14+)
A multi sport session focusing on athletics, football and the gym
Tues, 5-7pm, Newham Leisure Centre, E13 Call 07778 394 756

Gym & Basketball (14+)
Tues, 6-10pm, E2, Rokety School, Barking Rd, E16

Stunt & Tumble (14+)
Thurs, 7-9pm, E5, Talent Cheer & Dance, Gollins Reach, Arncliffe Wy, E6 Call 07950 612 610

FEMALE SPORTS

Basketball Sessions
Tues, 4-6pm, Chobham Academy, 40 Channing Ln, E20

DanceDance (12-18)
Street dance, Fr 3-5.30pm
Newham Leisure Centre, E13

Female Boxfit (14+)
Mon 4.15-5.15pm, East Ham Leisure Centre, E13 Call 07908 614 908

Girls Football (11-18)
Tues 4-5.30pm and Thurs 5-6pm, Newham Leisure Centre, Fr 5-7pm, Memorial Park, E15

Girls Group Cycling (11-18)
Tues and Thurs, 5-5.30pm
Newham Leisure Centre, E13

Just Play (14+)
Wed, 6.30-8pm, multi sports
(on track) Cumbold School, E13 Call 0844 414 2728

Abs Meet (11-15)
Thurs, 5.30-6pm, E10, Newham Leisure Centre, E13

Athlete (14-18)
Athlete fitness Wed, 5.30-6.30pm, E7, Flinders Community Centre, Naper Rd, E6 Call 07715 394 766

Female Only Gym Sessions
Mon, 3-4pm, 15-25yrs
Mon and Wed, 7.30-10.30pm
Tues and Thurs, 12noon-1.30pm
Sun 3-4pm 17-19yrs E4, E5, Newham Leisure Centre, E13

Get Back into Netball
Tues, 6-7.30pm juniors
7.30-9pm, seniors E2, Laker Community School, E13 Call 07717 257 529

Julie's Moms Go The Run
Wed, 10-11.30am, E5, or bring a friend and both pay £4 each
Abbey Lane Park, E15
Call 07961 374 772

KeepFit
Wed, 10am-11 Chandos East Centre, E15 Call 07950 944 035

Keep Fit - Stay Fit
Sat, 10-11am, E10, Jack Cornwell C C, E12 Call 07955 084 118

Ladies Only Keep Fit
Wed 10am, E1, Chandos East Centre, Chandos Rd, E15
Thurs 10am E1 50, Rokety Centre, Rokety St, E15

Shelle's Yummy Mummy Sassy (14+)
Mon, 10-11.30am, E5, Central Park, High St South, E6 (meet outside cafe in the park)
Fr, 10-11.30am, Pilschel Park, Pilschel Gr, E6 Call 07908 614 908

Women's Badminton
Fr 1-2.30pm, East Ham Leisure Centre, E6 E2 equipment provided
Call 07930 182 005

Women United APC (11+)
Mon 6pm-8pm, 8-7.15pm, E1, Kingsford School, E6
Call 07792 832 878

Zumba and Tone
Tues 1.15-2.15pm, E1, St Bartholomews Church/Hall, Barking Rd, E6 Call 07944 775 679

SPORTS AND PHYSICAL ACTIVITIES FOR DISABLED PEOPLE

Ability Club (14-28yrs)
Multi sports for disabled young people
Wed, 5.30-6.30pm and Fr 4.45-6pm Newham, E13

Athletics (8-18yrs)
Tues, 4.15-6.15pm, Brimpton Manor, Platten Rd, E6 Thurs 4.30-5.50pm, St Angel's Leisure School, E7 Email enquiries@englandathletics.org

Family Swims
Sat, 4.30-5.30pm Newham Divers Swimming Club, Newham Leisure Centre, E13 Call 0300 124 0123
Sun, 12.30-2pm, Family Swims, Bakers Leisure Centre, E5 Call 0300 124 0123

Get Fit for Free
Tues 1.30-3.30pm and Fr 10am-12noon Free gym use for people with learning disabilities
Newham Leisure Centre, E13 To book an induction call 0300 124 0123

Sensory Play (0-5yrs)
Wed, 10am-11.30am-3pm Over Thomas Children's Centre, Matthews Ave, E6 Email lorac@overthomsonewham.sch.uk or call 020 8821 0997

Swim for Females
Swimming with Autism
Wed 4.5pm Bakers Leisure Centre, E13 Call 0300 124 0123

Support in Action (14+)
Indoor and outdoor activities advice and support
Thurs 12noon-4pm, St Jayes C C

RUNNING

Beckton Park Run
Sat 8am Beckton Park South, E6 Call 07718 394 756
www.parkrun.org/beckton

East End Road Runners
Tues and Thurs, 4pm Sun 8am Meet on the track Coached sessions for all abilities
Newham Leisure Centre, E13 Call 07979 261 647

Run England
E2 unless stated, Sun 10am-12noon, Newham Leisure Centre, E13, (meet on track)
Mon 4.50-5.30pm Newham Leisure Centre, E13 (meet on track)
Mon, 5.45-6.45pm, Newham Docklands, E16 (meet at reception)
Wed 12noon-1pm, Newham Docklands, E16 (meet at

reception). Thurs, 5.15-6.15pm
UEL Docklands Campus, E16
[first at reception] Sat 10
11.30am, Wansford Flats E12
[first at Harrow Rd/Charing
Cross] Sat 10-11.30am,
Memorial Park, E15, 1st [first at
car park] Call 07718 384 874

Athletics

Newham and Essex Beagles
Athletics Club: Mon and Wed
6.0pm Foundation Groups
(all 10 yrs), Mon, 7-8pm and
Wed, 6-7pm, 65 Tonnage
McMillan Stadium, Newham
Leisure Centre, E17. Visit www.newhamandessxbeagles.co.uk

BMX (6-16yrs)

Sun 10am-12noon E3 Goosey
Flying Fields: St Albans Ave
E5 Call 07951 333 615

Fencing with Newham

Saturdays Tues, 6-8pm, Thurs,
6-8pm, Fri, 7-10pm Classes for
adults (16+), and mini-plates
(4-7yrs). UEL SportsDock Call
07958 618 558

Indoor Cricket (6-16yrs)

Wed 6-8pm E2, Lister
Community School,
E17, email paul.fairing@bucknewham.org.uk

Black Arrows Badminton

Club Adults: Fri, 7-8pm Juniors
Sat, 10am-12noon, E3 HQ, East
Ham L.C. Adults: Weds, 7-10pm,
UEL SportsDock, Call 07952
637173

Woodside Badminton Club

Fri 7.30-9.30pm: intermediate
and club standard. £5 wages?
£3 unwaged. Carpenters and
Dockland Centre: 58 Globe
Rd, E15 Call 07956 150 342

FOOTBALL

All Football (16+yrs)

Tues 7-9pm, Fri, 10am-12noon
Memorial Park, Memorial Ave
E15. Fri 3-5pm, Beckton
Footballing, E5. Visit
www.allfootball.co.uk

Football and Athletics

Thurs 4-5.30pm Bishnara
Village, 65 Evelyn Rd, E16

Football & Multi Sports

Mon, 4-5.30pm, Newham
Leisure Centre, E17
Wed, 5-6pm, Stratford
MUGA, West Ham Ln, E15

Mayer's Football League

U10yrs, U12yrs, Mon, 4-5.30-
6pm U16yrs, Mays, 6-7pm
Newham Leisure Centre, E13

Premier League (16yrs)

6-8.45 (4 subs) Weds 7-10pm
Newham Leisure Centre, E13

WNU Kicks

Mon, Tues, Fri, 4-7pm,
WHUGST, Beckton 3G,
60A Albalross Ct, E6 Thurs
6.30-7.30pm, Littleford Learning
Zone 1 Rectory Rd, E12 Thurs,
6.30-7.30pm, Stratford Park
MUGA, West Ham Ln, E15 Sat
10-12noon, Newham
Leisure Centre, E13

Ascension Football

Sat 10-11.30am, E3
Reception to 11yrs, King
George V Park, King George
Ave, E16 Call 07966 584 925

BASKETBALL

Basketball & Multi Sports

Fri, 5-6.30pm, 8-19yrs, Snowhill
MUGA, Snowhill Rd, E12

Basketball Sessions

Thurs, 5-6.30-6.30pm, Little
ford Learning Zone 1
Rectory Rd, E12

National League

Mon 6-8pm, U13/14yrs,
Tues 6-8pm U15/16yrs,
Rokely School, E16
Thurs, 4-5.30pm U13/14yrs
boys, U14yrs girls, 6-8pm
U16yrs, Newham Leisure
Centre, E13, 6-8pm, U16yrs,
Cumberland School, E13

NCFE Sports - Basketball

Thurs 3-7pm, East Ham
Leisure Centre. To register
email sports@newham.ac.uk
or call 020 8257 4222

Senior Programme

Mon, 7-10-9.30pm, Division 2
women and division 3/4 men,
Rokely School, E16 Call
07947 491 616

Newham All Star Sports

Academy (NASSA)

Sessions E1 unless indicated
Juniors: Fri 4-5pm Cumberland
School, E13 National league
U13yrs, U14yrs, U16yrs: Tues
6-8pm, Rokely School, E16
National league U16yrs, Tues,
8-10pm, Rokely School,
E16 National league U13yrs,
U14yrs, U16yrs, Thurs, 6-8pm,
SportsDock, National league
U13yrs, Tues, 8-10pm, UEL
SportsDock, Junior boys and girls,
Sat 10-12.20pm UEL
SportsDock, E2 Call 07761 521
995 www.newsports.org.uk

Youngbloods Basketball

All sessions cost £1
U13yrs, mixed Sat 1-3pm
East Ham Leisure Centre, E5
U13/14yrs boys: Mon, 6-8pm
and Wed 4-5.30pm
St Angel's School, E7
U13/14yrs girls: Mon 4-5.30
6pm and Wed 4-5.30pm, St
Angel's School, E7
U15/16yrs boys, Tues, 6-8pm,
St Angel's School, E7 Thurs,
6pm, St Bonaventura School, E7,
U17/18yrs boys: Mon and
Wed 6-10pm, St Angel's
School, E7 Call 07958 307 857

COMMITTEE MEETINGS

All meetings take place at
Newham Town Hall, Barking Rd,
E5 unless otherwise stated
Wed 1 Apr, 6.30pm,
Investment and Accounts
Committee Thurs 2 Apr,
8am, Mayoral Proceedings

CONTACT THE MAYOR

Surgery
Sat 28 Mar, 10-10.45am, The
Cells, Woodgrange Rd, E7
Thurs 2 Apr, 11am-12noon,
Stratford Old Town Hall, The
Broadway, E15
Thurs 9 Apr, 10-11am, Canning
Town, Barking Rd, E16

Telephone surgery

Wed 8 Apr, Call 020 8430 2000
between 9.30-10.30am and
leave your details. The Mayor will
call you back at a later time.

CONTACT DETAILS

LIBRARIES & COMMUNITY NEIGHBOURHOODS

Beckton Globe 1 Kingdome Wy, E5
Canning Town Barking Rd, E16
Custom House
Prince Regent Ln, E16
East Ham 388 Barking Rd, E5
Green Street 331-341
Green St, E13
The Gate 6-5 Woodgrange
Rd, E7
Miner Park
655-661 Romford Rd, E12
North Woolwich
5 Flar Parade, E16
Pleasure North St, E13
Stratford 3 The Grove, E15
Archives and Local Studies
Call 020 3373 6881
email.archives@london.gov.uk
newham.gov.uk

LEISURE & SPORTS VENUES

Salsom Leisure Centre
14 Bakers St, E13
East Ham Leisure Centre
324 Barking Rd, E5
Newham Leisure Centre
281 Prince Regent Ln, E13
Newlife Prince Regent Ln, E13
UEL SportsDock Docklands
Campus, University Way, E16

COMMUNITY CENTRES (C.C.)

Beckton Community Centre
14 Manor Wy, E5, 020 7511 1214
Field Community Centre
147 Station Rd, E7
020 8536 2600
Grassroots Centre Memorial
Park, Memorial Ave, E15
020 3373 0600
The Hartley Centre
267 Barking Rd, E5
The Hub 123 Star Ln, E16
020 3373 0750
Jack Cornwall Community
Centre Jack Cornwall St, E12
020 8553 3459
Joyce Community Centre
1 James Ct, E13, 020 8548 9788
Katherine Rd Community
Centre 254 Katharine Rd, E7
020 8546 9025
St Mark's Community Centre
218 Teignale Rd, E5
020 7511 1214
Updon Community Centre
Claude Rd, E13, 020 8471 0040
(currently closed)
Wormie Ln Community Centre
Gower Ct, E15, 020 8519 0235
The Wolf Community Centre
49 Walsgate Lane, E8 020 7586 7270



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General Election – Thursday 7 May



YOUR VOTE MATTERS
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